



## 1 Red Berries Tea

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Is cutting calories part of your New Year's resolution? This detox recipe is here to help!

### MONIN Products

- 30 ml Le Fruit Red berries

### Ingredients

- 50 gram(s) cranberry
- 5 gram(s) ginger
- 80 ml orange juice
- 100 ml green tea

### Method

Pour ingredients into a blender cup.  
Cover with ice cubes.  
Blend until smooth.  
Pour mix into a glass full of ice cubes.  
Serve.

### Glass

- Other