



# 1 Carrot Lemon Ginger Honey Healer

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## **MONIN Products**

■ 40 ml Lemon Ginger Honey Syrup

# Ingredients

- 150 ml carrot juice
- 1 carrot

#### Method

Pour ingredients into a blender cup.

Cover with ice cubes.

Blend until smooth.

Pour mix into a glass.

Serve.

## **Glass**

■ Hurricane / Smoothie glass